

## **Resources courtesy BCDiabetes Clinic in Vancouver**

### **Type 1 diabetes suggested reading**

[Type 1 diabetes intro](#)

[CGM continuous glucose monitors](#)

[Dexcom freebie](#)

[Dexcom set-up from home optimized for BCDiabetes](#)

[Dexcom BYODA pre-built international version](#)

[Dexcom or Freestyle Libre sample shipment payment info](#)

[Freestyle Libre freebie](#)

[Freestyle Libre 25%-off coupon](#)

[Freestyle Libre set-up from home optimized for BCDiabetes](#)

[Type 1 diabetes "The Cure" - 20 minute youtube by Dr. Elliott](#)

[Newly diagnosed Type 1 diabetes clinical trial](#)

[Diabetes & diet](#)

[insulin experiments: basal insulin, carb ratio & sensitivity factor](#)

[Carb counting YouTube tutorial](#)

[insulin pumps - intro](#)

[Looping. Automated insulin delivery "Artificial Pancreas"](#)

[intermittent fasting restricted time eating](#)

[low sugar hypoglycemia management](#)

[sick day management](#)

[Type 1 diabetes emotional support](#)

[CRA disability tax credit](#)

[ED Erectile dysfunction](#)

[Nightscout help](#)

[A Peaceful Mind](#)

[Monthly deductible](#)